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Respiratory Protective Equipment (RPE) Training Overview.

Exposure to airborne contaminants such as dust, fumes, gases, and vapours can pose serious health risks in the workplace. Our Respiratory Protective Equipment (RPE) Training Course provides essential knowledge on selecting, using, and maintaining RPE to protect workers from respiratory hazards and ensure compliance with safety regulations. This respiratory protective equipment (RPE) awareness course introduces delegates to the different types of respiratory protective equipment, the hazards they can protect against and the legislation in place to govern the use of RPE at work. Delegates will gain an understanding of what should be considered when deciding if RPE is an adequate residual control measure to apply. The key factors and steps for safe use and maintenance are also covered, including the roles and responsibilities of both employers and employees in relation to RPE in the workplace. There are many factors that need to be considered before choosing RPE as a control measure to reduce the risks that hazardous substances pose to our respiratory health. Generally, these factors can be categorised into ensuring that the RPE is both adequate and suitable for use. For RPE to be adequate it must be right for the hazard and reduce the user's exposure enough to keep them safe.

Course Objectives

- Understand the risks of airborne contaminants and their health effects.
- Learn about different types of RPE, including masks, respirators, and air-supplied systems.
- Understand how to correctly select and fit RPE for effective protection.
- Recognise the importance of proper use, maintenance, and storage of RPE.
- Identify legal requirements and employer/employee responsibilities.

Who Should Attend?

This course is ideal for workers in industries such as construction, manufacturing, healthcare, and any environment where respiratory hazards are present. It is also valuable for supervisors and health and safety officers responsible for ensuring proper RPE use.

Course Format

- Interactive presentations and discussions.
- RPE selection, fitting, and maintenance.
- Face-fit testing guidance and best practices.
- Case studies and real-world safety scenarios.
- Assessment and certification upon completion.



By the end of the course, participants will have the knowledge and skills to use RPE effectively, ensuring a safer working environment and compliance with workplace health and safety regulations.