



Noise at Work Training Course Overview

The Control of Noise at Work Regulations 2005 aims to ensure that workers' hearing is protected from excessive noise at their place of work. Excessive workplace noise can lead to serious health issues, including hearing loss, stress, and reduced concentration. It's essential that noise levels and people's exposure to noise at work are kept to an absolute minimum to prevent permanent damage to workers' hearing. Our noise awareness course is designed to familiarise employees with the risks posed by noise and helps employers and employees recognise the dangers and understand how to keep noise emissions as low as they possibly can.

Course Objectives

- Understand the impact of workplace noise on health and safety.
- Learn about legal requirements and noise exposure limits.
- Identify sources of hazardous noise in the workplace.
- Explore practical methods for noise reduction and control.
- Understand the importance of hearing protection and how to use it correctly.
- Recognise employer and employee responsibilities under health and safety regulations.

Who Should Attend?

This course is ideal for employees working in noisy environments, health and safety officers, supervisors, and managers responsible for workplace safety.

Course Format

- Interactive presentations.
- Case studies and real-world examples.
- Practical demonstrations of noise control measures.
- Assessment and certification upon completion.

By the end of the training, participants will be equipped with the knowledge and skills to protect themselves and others from the risks associated with workplace noise, ensuring a safer and more productive working environment.

