

# TEAM WORKING and PROBLEM SOLVING



## **Team Building and Team Working**

Team dynamics are the unseen forces that operate in a team between different people or groups. Team dynamics can strongly influence how a team reacts, behaves or performs and the effects of team dynamics are often very complex.

Team building skills are critical for effectiveness across the entire operation and organisation. A better understanding of teamwork can make the organisation more effective and give an extra edge to your organisational effectiveness.

In real situations team work success rarely happens by itself. Without a focused team building effort supported by activities there is simply too much space for problems to develop. Teambuilding is an important factor in any environment, its focus is to specialise in bringing out the best in a team to ensure self-development, positive communication, leadership skills and the ability to work closely together as a team to problem solve.

Our team-working workshop is designed to introduce modern team building concepts and provide the knowledge required by team members to create high performing teams.

Some of the concepts delivered are:

- Team definition - What is a team?
- The making of a team. Tuchman's Rainbow.
- Forming, II. Storming. III. Norming. IV. Performing.
- What do people want from their jobs?
- Why do people work, differing attitudes and needs of individuals are explored.
- Implementing successful teams. There are many successful teams - Which are successful and how do they compare. What makes a team successful?
- Exploration of the aspects and attributes of powerful successful teams.

Team role identification exercise.

During this activity, each delegate will conduct a team role identification exercise to identify his or her ideal team role.

We also expect all delegates to participate in various management and team building games.

This workshop is suitable for employees at all levels within an organisation

Course duration: Workshop - 4 to 5 Hours.

Maximum number of delegates: Eight (8) per session.